

Safety Stand-Down

Public Advice on Virus Prevention with COVID-19 Coronavirus and Other Viruses

The Centers for Disease Control and Prevention (CDC) and the World Health Organizations (WHO), are reminding the public of the protective measures we can take to support our health and well-being. The objective is to provide you with the facts, to enable you to accurately determine your risk so that you can take reasonable precautions. Finding a credible source you can trust, such as the CDC and WHO websites, or a local or state public health agency can lower stress and worry.

What are the best protective measures in preventing the spread of viruses?

- ✓ Wash your hands often with soap and water for at least 20 seconds.
- ✓ Use hand sanitizer to wash your hands when water is not available.
- ✓ Cover your cough and sneeze with a tissue, or cough into your shirt sleeve.
- ✓ Don't go to work sick.
- ✓ Avoid touching your eyes, nose and mouth.
- ✓ Clean & disinfect touched objects and surfaces frequently.

What do most people who become infected experience?

- ✓ Most people who become infected experience mild illness and recovery.
- ✓ Elderly and those with compromised immune systems are at risk for complications.

The Company is fully committed to providing a safe and healthy workplace for all employees. Each of us are asked to do our part in supporting the health and well-being of ourselves and co-workers.

(Note: Have each person present sign the back of this form.)