
ACCESSING SAFETY KNOWLEDGE (ASK) SHEET: WHO IS SAFETY DIRECTOR AT YOUR HOUSE?



If you have to look like this at work why shouldn't our kids look like this too when exposed to hazards at home?

SAFETY: something that is talked about a lot on the job, what about at your home?

Did you know that more than 18,000 Americans die every year from injuries that take place in the home? According to the National Safety Council statistics, Home accidents are the second most common place where fatalities occur. From minor burns to poisonings to electric shocks, drowning and suffocations, unfortunately these type of home incidents average over 21,000,000 medical visits each year – that accounts for nearly \$220 billion in medical costs!

So when you think about it, **SAFETY is a learned Behavior and Life Skill** that we as Parents need to be teaching at your home so that later our kids are groomed as adults to follow safety rules at work. If we could all teach the importance of SAFETY in our homes, it wouldn't be such a burdensome job at work.

So.... **Who Is The Safety Director At Your House?** How many of you have safety glasses for kids and kids gloves for your little ones? How many of you weed eat in shorts and without safety glasses, with your kids watching you? What message about Safety are you sending them?

Here is something else to think about, when we encounter bad ladders or bad extension cords on the job, they should go in the dumpster... right? However, most of these items often times go directly to the house where your kids might be asked to use them at some point. They weren't good enough for you at work but they are good enough for your family? Hmmmmmm.... Not good.

If you have infants that are crawling do you get down on the floor on your hands and knees and crawl with them so you can see what they see? It's amazing what they find and often times put in their mouth.

So Be The Safety Director At Your House. Be that annoying guy that your family will says... **"HERE COMES MR. SAFETY!"** It's really just another way of saying, I Love You Kids... and you care about their well-being... (after all... its about their Safety too).

THINGS TO CHECK AT HOME:

1. Chemicals are out of reach and not stored under the kitchen sink or near the water heated.
2. Check Fire Alarms regularly and ensure kids know how to use Fire Extinguishers.
3. Electrical outlets are covered, protected and not overloaded.
4. TV sets, dressers, books shelves, clothes chests, etc. cannot be pulled on top of your child.
5. Power Tools are made safe... Unplugged, batteries removed and properly stored.
6. Have an **Emergency Action Plan**. Post emergency phone numbers and where to gather outside in case of a fire, what to do in case of bad weather or a medical emergency
7. Learn to always **KEEP YOUR EYES AND MIND ON TASK** in whatever you are doing. Don't take short cuts.



These are just a few safety examples of things to look for. I know we cannot live in a bubble, but we can do a lot of things to keep our families safe. Remember... your kids are looking at You as the example to follow. So make sure to set the right example.

Texting and Driving is another big example....so, YES, be careful that they don't learn bad examples from YOU.

So please think about your love ones, become **THE SAFETY DIRECTOR AT YOUR HOUSE**. **ALWAYS** think about your loved ones and ask yourself how your unsafe acts will impact your family. Make good choices and go home in one piece.

PROVIDED BY THE ASA-HOUSTON SAFETY COMMITTEE
