

ACCESSING SAFETY KNOWLEDGE (ASK) SHEET: Ten Essential Qualities of a Good Driver (1-5)

What is the mental and quality make-up of an effective and quality driver? The driver who never causes problems. Who never has an accident and does his job, day after day? Listed below are characteristics that these types of drivers have.

1. **Patience.** Good drivers have patience. They do not react quickly to things that will test them. They are patient during heavy traffic and road construction. Of course, they also want to reach a destination immediately, but that does not mean they will endanger themselves and others by getting angry and throwing a fit while driving. They make good decisions to avoid accidents.

They also remain calm even when other drivers are annoying them. They also patiently abide by traffic rules. Their performance on the road is driven with ease and calm always.

2. **Calmness.** Good drivers will not race with other drivers even when they have a competitive streak. They take that behavior off the road. These drivers like to follow the rules because they want to be safe and protect their passengers. They also have self-discipline.

They are not aggressive, which is a trait many bad drivers have; these people get upset at the slightest thing and go into road rage. Good drivers do not block lanes and change lanes without signaling. They also do not tailgate and never make obscene gestures.

- 3. **Considerate.** Good drivers are considerate because they are the ones who would think of other people first. They like to let senior citizens cross the street. They allow children to do so too. They have good driving etiquette. They are most likely the drivers you see who adhere to traffic signals and follow the speed limit. These drivers also do not double park.
- 4. **Defensive and focused.** Defensive drivers are the ones who are attuned with their surroundings and know how to respond should unexpected things happen. They drive with precaution and could see the small changes on the road.

Drivers are good when they can focus on the road and their surroundings. These drivers do not let the minute details distract them. In case they are also having episodes of fear and other human emotions, they do not let that affect their driving.

5. **Skilled and knowledgeable.** Good drivers are smooth, skilled, and able to concentrate in any given situation. Their passengers do not feel heavy when riding with them. They flow effortlessly on the road. They know how to step on the brakes and use other controls.

There are many things to learn when it comes to driving. Learning about a car is one. Another is to learn about the road. Good drivers like to keep on learning on how they can be more efficient drivers. They get better with time. They also practice their driving skills a lot.

Provided by the ASA – Houston Chapter Safety & Health Committee and

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